

# Fall 2007

## CONTACT INFORMATION

Anna Benson  
(541) 918-7313 or  
annab@L-bha.org

Paul Deatherage  
(541) 918-7317 or  
paul@L-bha.org

LBHA Front Desk:  
(541) 926-4497 ext. 0  
FAX (541) 926-3589

## Family Self-Sufficiency Program ~

Linn-Benton Housing Authority

### UPDATES DUE 10/19/2007

HUD requires us to have quarterly contact with each family on the FSS Program. This is a great way for us to keep track of the goals you've completed and adjust any that may have changed. Rather than require each family to meet with us every three months, we ask that an FSS Update be completed instead. We understand that families may have a busy schedule and don't have time to come down to the Housing Authority every three months.

When you get your FSS Update, please return it by the deadline to make sure you are in compliance with your FSS Contract. You may complete the form in writing, by calling your FSS Coordinator, or emailing the information to us.

Please remember that failure to return the FSS Update by the deadline may result in termination of the FSS Contract of Participation.



Feel free to contact your Coordinator if you have any questions or concerns.

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*One day Alice came to a fork in the road and saw a Cheshire cat in a tree.*

*"Which road do I take?" she asked.*

*His response to the question: "Where do you want to go?"*

*"I don't know," Alice answered.*

*"Then," said the cat, "it doesn't matter."*

*~Lewis Carroll, in Alice in Wonderland*

### FSS PARTICIPANT OF THE QUARTER

#### **"Overcoming insurmountable odds."**

When it happens you just know there is a great story to be told. This is something our participant of the quarter has worked so hard to do. We would like to recognize Jocelyn for her determination and positive atti-

tude. Jocelyn has had to cope with surgeries and medications that put her through continual challenges and upset, plus finding out that she has yet another challenge, being diagnosed with fibromyalgia. Regardless of limited energy Jocelyn has worked with several people in her support system and has

taken the step to get enrolled at LBCC. Jocelyn is excited and looking forward to this phase in her rebuilding process and we at Linn Benton Housing Authority are proud of her as well.

Great work Jocelyn!

## LINN WORKFORCE DEVELOPMENT CENTER

Having a hard time finding a job? Are you interested in improving your job search skill? The Linn Workforce Development Centers in Linn and Benton Counties offer a wide range of free workshops that are open to the public. You can visit the Workforce Development Centers at [www.working4you.org](http://www.working4you.org) to view the schedules.

Some examples of the classes offered are:

- PD-1000 Applications: In-depth review of the State of Oregon application process. Review tips and

suggestions for improving your candidacy for employment.

- Workforce Development Center and Community Services Consortium Orientation: Learn about the resources available to you to make an effective job search and how to partner with CSC.
- Financial Aid for Training: Discover scholarships and loans that match your educational plans, abilities, and background by using a computerized program to help you find



*Help is here to alleviate some of your job search stress!*

financial aid for training.

The staff at each location are a wonderful resource also!

*“Help is here. Visit [www.working4you.org](http://www.working4you.org). Find that job you’ve been looking for.”*

## WHERE’S THE MOOLA SO I CAN GO TO SCHOOL?

### FAFSA—Free Application for Federal Financial Aid

Applying online

1. Apply as soon AFTER January 1 as possible
2. Apply for a pin at [www.pin.ed.gov](http://www.pin.ed.gov) to electronically sign your application
3. Complete the application online at [www.fafsa.ed.gov](http://www.fafsa.ed.gov)
4. Print application and keep for your records
5. Using your PIN number you can access your records and check the

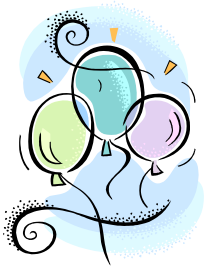
status of your application online

6. A Student Aid Report (SAR) may be received up to 14 days after application is submitted
7. Review SAR, make corrections if needed and send back or contact college to see if they can make the changes electronically
8. An award letter detailing amount of aid is mailed to you

### IDA—Individual Development Account

An IDA account is a custodial account with CASA of Oregon that you, as a participant, will deposit your monthly savings amount into. CASA matches your savings 3 to 1 up to \$4000 of match. The IDA Program prepares and assists families and individuals who qualify to plan and reach financial goals such as the opportunity to pursue their educational goals.

**Contact your FSS Coordinator for more information!**



*“Good actions get good results in time.”  
~ Unknown*

## FIRST ANNUAL FSS CELEBRATION OF SUCCESS

Coming in January 2008 ~

LET’S CELEBRATE ALL OF YOUR SUCCESSES AND ACCOMPLISHMENTS!

We hope to see each and every Participant on the FSS Program join us at our First Annual FSS Celebration of Success. Watch your mail in the coming months for further details!